

*"I have fought the good fight, I have finished the race, I have kept the faith."  
2 Timothy 4:7*

## 2023 St. Martin's Cross Country Schedule

Date	Location	Time	Notes
Mon. 8/21	Practice	4:30 - 5:30	
Tues. 8/22	Practice	4:30 - 5:30	
Thurs. 8/24	Practice	4:30 - 5:30	
Thurs. 8/25	Practice	4:30 - 5:30	
Mon. 8/28	Practice	4:30 - 5:30	
Tues. 8/29	Practice	4:30 - 5:30	
Thurs. 8/31	Practice	4:30 - 5:30	
Tues. 9/5	Practice	4:30 - 5:30	
Thurs. 9/6	Practice	4:30 - 5:30	
Fri. 9/8	Practice	4:30 - 5:30	
<b>Sat. 9/9</b>	<b>Meet</b>	<b>10:00</b>	<b>East Lake</b>
<b>Mon. 9/11</b>	<b>Meet</b>	<b>4:00</b>	<b>at RCLS</b>
Tues. 9/12	Practice	4:30 - 5:30	
Thurs. 9/14	Practice	4:30 - 5:30	
Fri. 9/15	Practice	4:30 - 5:30	
Mon. 9/18	Practice	4:30 - 5:30	
Tues. 9/19	Practice	4:30 - 5:30	
<b>Thurs. 9/21</b>	<b>Meet</b>	<b>4:30</b>	<b>Gamehaven Reservoir</b>
Fri. 9/22	Practice	4:30 - 5:30	
<b>Sat 9/23</b>	<b>Meet</b>	<b>10:00</b>	<b>Silo School</b>
Mon. 9/25	Practice	4:30 - 5:30	
Tues. 9/26	Practice	4:30 - 5:30	
Thurs. 9/28	Practice	4:30 - 5:30	
<b>Fri. 9/29</b>	<b>Meet</b>	<b>1:30</b>	<b>Waterville, MN</b>
<b>Sat. 10/7</b>	<b>Meet</b>	<b>10:00</b>	<b>Mayer Lutheran High School</b>
<b>Sat. 10/21</b>	<b>Meet</b>	<b>TBD</b>	<b>Concordia Wisconsin</b>

\* All practices will follow soccer practice and meet at the LaCanne pavilion area.

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\* Practices may be added later in the season depending on team needs by the coaches.