

November 2017



Mon	Tue	Wed	Thu	Fri
		1. Hot ham and cheese on Whole Wheat Bun Potato Chowder Lettuce Salad w/ Low fat Dressing	2. Real Chicken Legs Mashed Potatoes & Gravy Baked Beans Bread Peaches	3. Turkey Hot Dog with Whole Wheat Bun Beet Pickles Broccoli Banana
6. Soft Shell Taco Turkey Taco Meat w/ Black Beans Ice Berg Lettuce, Salsa, Cheese Pineapples	7. Meatloaf Parsley Whole Potatoes Corn Whole Wheat Roll or Bun Peaches	8. Turkey Sausage French Toast Sticks Hash Browns Strawberries	9. Hamburger on Whole Wheat Roll Romaine Salad w/ Low Fat Dressing French Fries Apple Baked Beans	10. No School Chicken Patty on Whole Wheat Bun Sweet Potato Fries Garden Salad w/ Low Fat Dressing, Orange Wedges, Celery Sticks
13. Turkey Gravy Over Mashed Potatoes Peas Whole Wheat Bun Peaches	14. BBQ Chicken Whole Wheat Roll Baked Beans Leafy Spinach Salad w/ Low Fat Dressing Juice Cup	15. Corn Dog Sweet Potato Fries Garden Salad w/ Low Fat Dressing Strawberries	16. Cheese Pizza on Whole Wheat Crust Romaine Salad w/ Low Fat Dressing Corn Pineapple	17. Mexican Haystack w/ Turkey Taco Meat, Black Beans, Cheese, Lettuce, Tortilla Chips, Salsa Mandarin Oranges
20. Sloppy Joe on Whole Wheat Bun Carrots Baked Beans Pineapple	21. Chicken Patty on Whole Wheat Bun Roasted Red Potatoes Spinach Salad w/ Low Fat Dressing Orange Wedges	22. Turkey Hot Dog w/ Whole Wheat Bun Beet Pickles Broccoli Banana	23. No School Pizza Casserole Green Beans Romaine Salad w/ Low Fat Dressings Apple	24. No School Pulled Pork on Whole Wheat Bun California Blend Melon Coleslaw
27. Ham Scalloped Potatoes Carrots Dinner Roll Pineapple	28. Whole Grain Spaghetti Tomato Meat Sauce Whole Grain Breadsticks Green Beans Orange Wedges	29. Hot ham and cheese on Whole Wheat Bun Potato Chowder Lettuce Salad w/ Low fat	30. Real Chicken Legs Mashed Potatoes & Gravy Baked Beans Bread Peaches	